

2015 *ShapingNJ* Healthy Communities Grant Project

Summary of Results

To address chronic disease and obesity in the State of New Jersey, the 2015 *ShapingNJ* Healthy Communities Grant Project awarded micro-grants to 30 organizations to make changes in their community. These changes make it easier for residents to eat healthfully and live actively.

COMMUNITY CHANGES

The 30 grantees worked to affect changes that make opportunities to consume nutritious food and be physically active more accessible to residents in the community. These changes are summarized below.



Opportunities for Healthy Nutrition

80% of grantees improved environments
60% of grantees improved policies

58 Total improvements made



Opportunities for Active Living

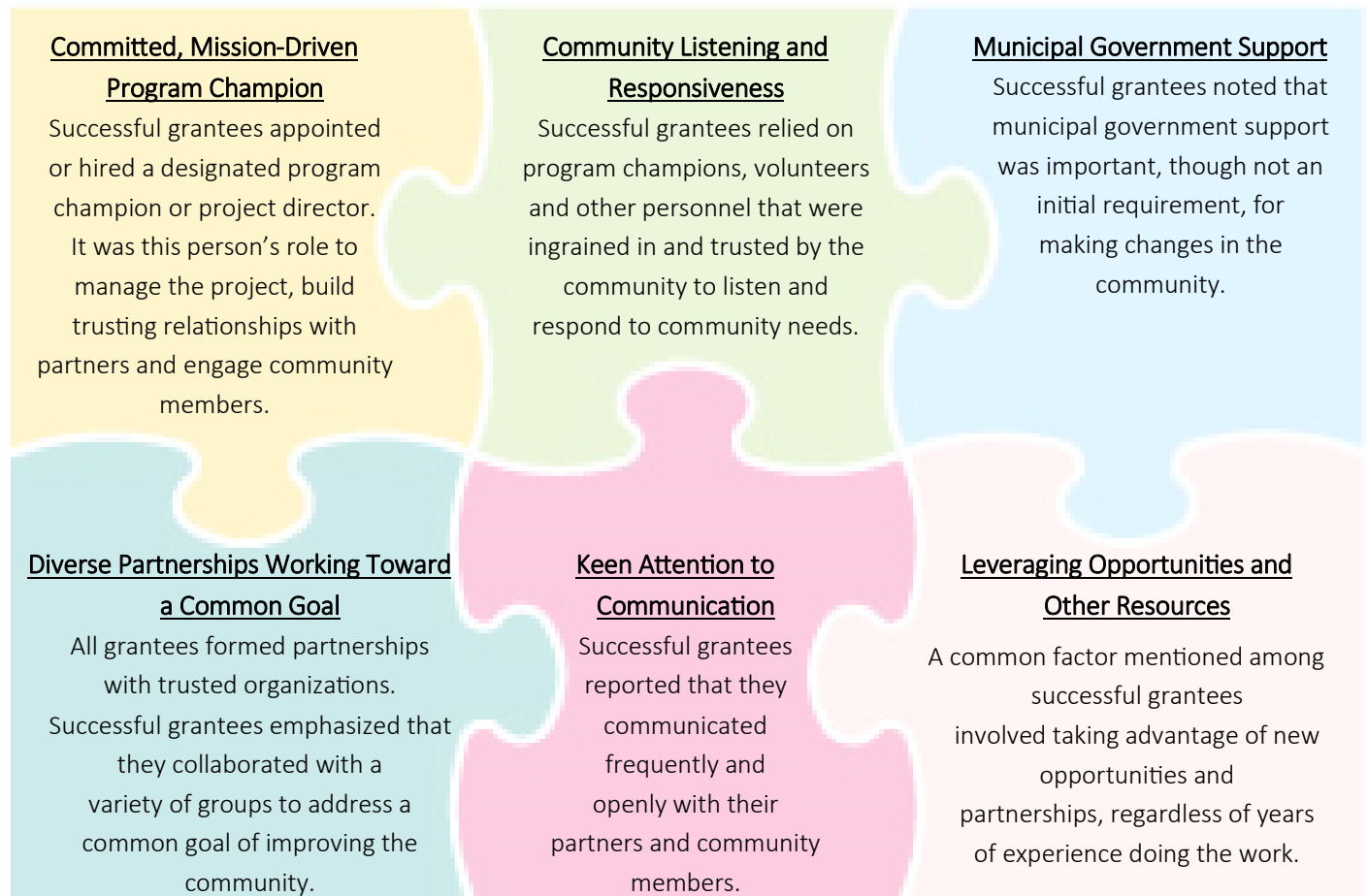
74% of grantees improved environments
52% of grantees improved policies

57 Total improvements made



CHARACTERISTICS OF SUCCESSFUL GRANTEES

A sample of 15 grantees was selected to better understand improvements in their community and the resources attracted for their project. This sample of grantees positioned their grant project within the context of an integrated and evolving community development process. They were defined as “successful” and shared six commonalities, depicted below.



RESOURCES LEVERAGED

All 30 grantees reported attracting or leveraging additional resources in support of their current projects. Some grantees also obtained additional funding for new or expanded projects. A summary of the resources leveraged by grantees can be found below.



Resources Leveraged by Grantees During Grant Period

73% of grantees leveraged staff time

67% of grantees leveraged project supplies or material

32% of grantees applied for and/or received additional funding as a result of the Initiative

\$247,000 Additional funding received by 6 grantees (attributable to the Initiative)